

7 partners in 5 European countries



DAA, GERMAN EMPLOYEE ACADEMY (DE) 



PIXEL (IT) 



KRAKOW SCHOOL OF MANAGEMENT AND ADMINISTRATION (PL) 



INSTITUTE FOR QUALITY ASSURANCE IN PREVENTION AND REHABILITATION AT THE GERMAN SPORT UNIVERSITY COLOGNE (DE) 



CULTURE ET LIBERTÉ (FR) 



TOTNES SCHOOL OF ENGLISH – TANDEM TOTNES (UK) 



IRECOOP LOMBARDIA - COOPERATIVE SOCIETY (IT) 



FOR FURTHER INFORMATION:



Dott. Lorenzo Martellini
PIXEL
Via Luigi Lanzi, 12
50134 Firenze (IT)

Tel. +39-055-48 97 00
Fax. +39-055-46 288 73
e-mail: lorenzo@pixel-online.net

<http://www.healthtutor.eu/>



Education and Culture

Socrates
Grundtvig

INTRODUCTION

The Health Tutor project has been financed by the European Commission in the framework of the European Socrates Grundtvig Programme.

The project is coordinated by DAA (German Employee Academy) in cooperation with partners from U.K., Finland, France, Italy and Poland.



<http://www.healthtutor.eu/>

CONTEXT

Nowadays the majority of Adult Education Institutions focus their attention on teaching contents and on trainers' competences.

AIMS

The aim of the Health Tutor project is to place greater attention that a healthy environment increases the students' performance and leads them to better job prospects.

On this basis, the project proposes the introduction of a Health Tutor into every Adult Education Institution.

The mission of the Health Tutor would be to increase the health status of both students and staff, improving the environment in which they work.

INFORMATION

The web site provides information about:

- the aims of the project
- partners
- developed products
- training contents
- training modules

ACTIVITIES

A training course has been developed by the project's partners with the aim to train trainers and tutors in the necessary skills in order to be a Health Tutor.

The training course will be tested, in the mother tongue of each organising partner, in:

- Italy (Milan and Florence)
- Poland (Krakow)
- Germany (Berlin and Frankfurt-Oder)

The training course is free of charge

The "Health Tutor" training course is also included in the European Grundtvig database*. Anyone wishing to participate can apply for a training grant to cover the course fees, accommodation and subsistence costs. If you wish to participate contact the Lifelong Learning Programme National Agency in their country. The Grundtvig Course code are:

- Florence: 10/06/2008 – 14/06/2008
reference number: IT-2008-368-001
- Milan: 06/05/2008 - 10/05/2008
reference number: IT-2008- 369-001
- Berlin: 20/05/2008 - 24/05/2008
reference number: DE-2008-718-001

These training courses will be held in English.

TRAINING CONTENTS

Some of the topics to be covered during the training course are:

- key factors to increase the learning/ working capacities:
 - body and learning
 - social interaction
 - quality of the environment
- The Health Check for training centres
- Development of a Strategic Health Plan
- Promotion of health
 - Dealing with Management
 - Dealing with Adult Learners